

## **REFERRAL LETTER**

Date
Dear Dr
I am a professional Hypnotherapist certified by the American Board of Hypnotherapy and registered with the International Institute for Complimentary Therapists. Your patient,
I do not attempt to treat or diagnose mental or psychological disorders of any kind. Hypnosis in no way replaces standard medical procedures and works in conjunction with them by freeing the patient of feelings and attitudes that may be inhibiting his or her natural immunity or other vital health processes.
Hypnosis helps to create a strong mental expectancy and reduce stress, thereby normalising the actions of the autonomic nervous system and often helping the patient in becoming more responsive to standard medical procedures.
Your signature below allows me to assist your patient through Hypnosis, visualisation and progressive relaxation, to increase his or her own natural resources.
Please do not hesitate to phone me on 0422 595 556 should you have any questions.
Thank you, Courtney Jones Hypnosis Master Practitioner
Doctor(print name)
(signature)
Client(print name)
(signature)